



# London and South East Netball

## January 2020 E-Blast



Please share the London and South East e-blast with your club members & contacts so as many people as possible know what is happening within the region.

If you don't receive this direct from us and want to be added to our mailing list, email [londonandsoutheast@englandnetball.co.uk](mailto:londonandsoutheast@englandnetball.co.uk)

This email has been to all those on the London and South East Regional Newsletter Distribution list. To opt out click reply with 'Opt Out' in the subject box.

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# London & South East Regional League Conference



We wanted to say a big thank you for all of the Clubs' support with the transition from MyNet to ENgage. As you know, there is continued development to the system's functionality including the much anticipated Competition Management component. To support the module's upcoming launch, England Netball will be running League conferences across the country to help support registered leagues. The conference will provide guidance on optimising the use of the system and give support in areas of identified need. We will be running four, one day conferences (10am – 5pm) across the country where we aim to combine the vital strategy consultation with league and competition support. The LSE Conference will be held at the **Hilton Watford Hotel, Elton Way, Watford, WD25 8HA on 16th February 2020**. If you're involved with an EN registered league and want to attend, book your spot [here](#).

## February NYC Camps

We're delighted to confirm that we will be running the following camps this February half term:

**BARNET** – Monday 17th February (Ages 9-11)

Ashmole Academy, Cecil Rd, London, N14 5RJ



**REDBRIDGE** – Wednesday 19th February (Ages 11 to 14)

Woodbridge High School, St Barnabas Road, IG8 7DQ

Here's a reminder about the camps:

- Non-residential holiday camps providing 'Nothing but Netball'
- Top quality coaching with England Netball qualified coaches
- Active holiday fun for children

This year, families can benefit from a 15% sibling discount. If you are a member of England Netball you can also benefit from a membership discount, just email your county Netball Development Officer for the code. Places are filling up fast – book early to avoid disappointment!

Book your spot [here](#) now.

# Regional Golden Globe Volunteer Awards Nominations



On 23rd December 2019 nominations for the 2020 Golden Globes Awards officially opened, featuring eight categories to recognise the fantastic work that volunteers put in to make Netball in the region happen. Regional nominations close on **1st March 2020**, so make sure you submit your entries before then. We're delighted to be returning to the fabulous Union Jack Club in the heart of Waterloo and will be hosting a 3-course sit down meal for all nominees, followed by the presentations. We love our volunteers and know they are the backbone of Netball across the country, so if there is someone in your club who you would like to thank and celebrate, make sure you get your nominations in! Head [here](#) to vote!

## Coaching Courses

All upcoming UKCC courses in LSE and booking forms can be found [here](#).

### UKCC Level 1 Courses

Cost of course: Affiliated EN Member – £190, Non Affiliated – £230



- **28th March & 25th April 2020**  
Royal Holloway University, Prune Hill, Egham, Surrey, TW20 9TR
- **13th June & 11th July 2020**  
Rainham Mark Grammar School, Pump Lane, Rainham, Gillingham ME8 7AJ
- **16th August & 20th Sept 2020**  
CONEL - The College of Haringey, Enfield and North East London, Middlesex EN3 5HA

### UKCC Level 2 Courses

Cost of course: Affiliated EN Member – £400

- **18th & 19th Jan, 15th & 16th Feb and 15th March 2020**  
Harris Academy Merton, Wide Way, Mitcham, Surrey CR4 1BP
- **30th & 31st May, 27th & 28th June and 26th July 2020**  
Brunel University, Kingston Lane, Uxbridge, UB8 3PN
- **4th & 5th July, 1st & 2nd August and 13th Sept 2020**  
Leigh Academy, Green Street Green Rd, Dartford, DA1 1QE

# Officiating Courses



Officiating Courses are organised by your County Netball Association. You can find upcoming officiating courses on their websites here:

[Essex Met Courses](#)

[Kent Courses](#)

[Surrey Courses](#)

[Middlesex Courses](#)

# Bee Netball

Have you heard the Buzz?

Bee Netball is a brand new Under 11 programme all about friendship, inclusion, fair play and playing together. It's not about how good children are, it's about how hard they try to Bee! Bee Netball is not just a game, but a framework for children to get a great start in life through learning valuable skills including social, emotional and teamwork, all through netball. Bee Netball isn't complicated, it's simply a way to enable children to play the game while learning and developing a whole heap of other important skills.



Did you know?

All schools and clubs can get access to the Hive, which contains handy Bee Netball tools and resources to help ensure those involved in your potential sessions are having a great time. All you have to do is sign up and you'll be sent an email with instructions on how to access the Hive. You can find out a bit more about the programme and sign your club up to access the Hive [here](#).

# #ClubCorner



We want to hear more from our wonderful Netball family. On the last Friday of every month we're going to be launching #ClubCorner where we will pick one club to put in the spotlight. If you have something you'd like us to share with the netball world then get in touch! We want club milestones, success stories, pictures, videos, achievements, shameless plugs and proud moments. If there's something you want to shout about then we want to hear it. Launched on 27th Dec 2019, we will feature our first club on Friday 31st January so make sure you get in touch before then for a chance to be in the spotlight: [lucy.goodman@englandnetball.co.uk](mailto:lucy.goodman@englandnetball.co.uk)

# Couch to Court

England Netball have announced their new Couch To Court campaign, introduced to get more than 4,000 women playing netball or more netball in the New Year. The concept has been introduced to help battle inactivity amongst women and to encourage even more people to step on a netball court in 2020, meaning more people can enjoy the social and physical benefits the sport has to offer.

The logo for 'Couch to Court' features the words 'COUCH TO COURT' in a stylized, blue, blocky font. The word 'TO' is smaller and positioned between 'COUCH' and 'COURT'. A red circle is positioned behind the 'O' in 'COUCH' and the 'O' in 'COURT'.

The campaign enables anybody to simply sign up to the initiative here and after doing so they will be provided with guidance and support via email to help them overcome any nerves and feel prepared to get on a court near them. The Couch To Court web pages also provide details of all netball clubs and approved netball sessions across the country, many of which will be tailored perfectly for beginners who haven't played for a very long time, making it really easy to find something local in January. As an added incentive, we will enter anyone who takes part in an England Netball session or who becomes an England Netball member, which means joining an England Netball registered club between 17th December and 19th January, into a prize draw for the chance to win some exciting money can't buy prizes.

If you know of anyone who could take on the Couch to Court challenge then please help us spread the word!

## Where to Watch - Vitality Roses and VNSL Big Weekend

What better way to beat the January blues than by tuning in to watch your favourite athletes tear it up on court?

19th January 2020 will see the start of the Netball Nations Cup, featuring South Africa, Jamaica, New Zealand and our own Vitality England Roses. The full schedule can be found on the [Sky Sports website](#), who will be streaming every game live!

Not forgetting of course the start of the Vitality Netball Superleague season which kicks off at the Birmingham arena on 22nd February 2020. All 5 fixtures from the big opening weekend will also be live on Sky Sports!

## Staff Contacts

To keep up to date with everything that is going on in the region, don't forget to follow us on social media – see all socials and contact details on the following pages...



## England Netball London and South East (LSE) Regional Team Who we are and what we do...



**Lucy Goodman – LSE Regional Coordinator**  
0207 9934 709  
Londonandsoutheast@englandnetball.co.uk



@LondonAndSouthEastNetball



@LondonSENetball



@londonsenetball

The Regional Coordinator (RCO) is the key point of contact for regional enquiries and distributing information to Members. They support the County Committees, Regional Management Board and England Netball Regional Staff. They are also responsible for planning and co-ordinating education and training courses and administrating regional programmes and events.



**Alice Moger - Network Support Manager (East & LSE)**  
Alice.Moger@englandnetball.co.uk

The Network support manager provides national, partnership area, project and partnership network support to achieve key outcomes and the 'Your Game, Your Way' strategy.

**Netball Development Officers (NDOs)** work closely with the netballers and partners in the County to develop and deliver a local plan for netball. They focus on: developing netball for children and young people; helping clubs gain CAPS accreditation; organising back to netball groups and festivals; and promoting and organising suitable development opportunities for coaches, officials and volunteers. They also contribute to the planning and organisation of regional events.



**Kirsty - NDO Essex Met**  
07738696858 / Kirsty. @englandnetball.co.uk  
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@essexmetndo



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**Phill Harvey - NDO South East London and Kent**  
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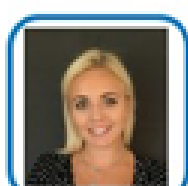
**Ellis Neal - NDO Middlesex**  
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**Charlotte Sudell - NDO South West London and Surrey**  
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netballinsurrey



**Netball Development Community Coaches (NDCCs)** are responsible for developing, marketing and coaching the Back to Netball and Walking Netball programmes. They are also responsible for developing local netball infrastructures to ensure sustained participation in the sport.



**Lucy Hantson - NDCC North East London**

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