



The Young Volunteer Working Group of the London & South East Regional Netball Association are proud to host, in partnership with stem4



# HERE IF YOU NEED

## Mental Health for Young Netballers



Monday 8th February

Ages 11-16: 6pm-7pm

Ages 17-25: 7.15pm-8.15pm

Here If You Need is a FREE webinar for young netballers in the London & South East region.\*

**Featuring Dr Nihara Krause from stem4 and London Pulse Vitality Superleague U21 player Peace Akinyemi.**

To book on to a session, please click on the relevant age group above.



\*You must be a member of England Netball and the L&SE region to be able to attend